

# Five Things You Can Do To Have A Smoother Separation

Gather your T1 Tax Returns and Notices of Assessment for the last three years.

Gather all your statements for the month before you separated, the month you separated and the month after (ie bank accounts, credit cards, mortgage, investments., life insurance, health benefits, pay stubs, loans, etc).

Make a list of any other assets or debts you or your spouse may have that you do not have any statements for.

Make a monthly budget for yourself; do not take into account your spouse's expenses or income.

If you have children, do the online Parenting After Separation course and get your certificate of completion.

<https://parenting.familieschange.ca>